



JUNE 2026 · IMPACT REPORT

Helping pets *move again.*

For nearly a decade, we've quietly given dogs and cats their mobility — and their lives — back. This is that story, told in data and in recoveries.

2,577

PETS HELPED

34,867

THERAPY VISITS

8+

YEARS OF CARE

225

GOOGLE REVIEWS

— A NOTE FROM OUR FOUNDER

A decade of helping pets move

When we opened as Singapore's first dedicated animal rehabilitation centre, the idea that a dog could have a physiotherapist — or that an elderly cat could regain her footing with structured therapy — was still unfamiliar to most pet owners here.

A decade later, rehabilitation has become a recognised, often life-changing part of veterinary care. This report shares what that decade has looked like — not in our words alone, but in the data from tens of thousands of treatment sessions and the voices of the families who walked the journey with us.

What you'll find here is honest. We've pulled the numbers straight from our own clinical records, and where the data has limits we say so. Every pet in these pages came to us because someone loved them enough to ask, *"is there anything else we can do?"* That question is where rehabilitation begins — thank you for asking it.



Dr. Sara Lam, Founder & Rehabilitation Veterinarian at RehabVet

Dr. Sara Lam

Founder & Rehabilitation Veterinarian • BVSc (Sydney) • CCRT (U.S.) • CVA

— BY THE NUMBERS

A clinic measured in recoveries

A decade of rehabilitation, distilled. Every figure here is drawn from our own clinical management system — aggregate, de-identified, and free of any financial data.

2,577

Pets helped
dogs & cats across Singapore

34,867

Visits delivered
since 2018

18,024

Therapy sessions
hands-on treatment hours

76%

Return for ongoing care
more than one visit

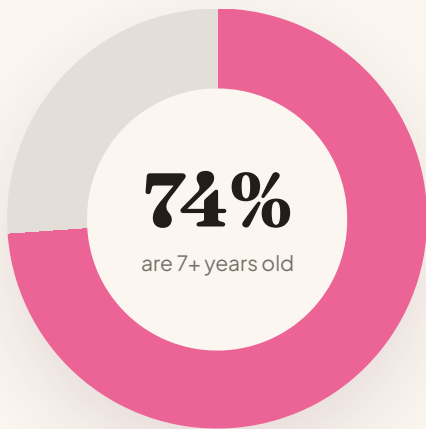
“Honest rehabilitation is about quality of life, not a tidy success rate.”

What we can show you is real — the pets we've helped, the conditions we treat, and the families who keep coming back.

WHO WE CARE FOR

A clinic for pets in their golden years

We care for dogs and cats of every size and age — but our patients tell a clear story. The average pet we treat is **11.3 years old**, exactly when arthritis, disc problems and weak hind legs change a pet's world.



Seniors make up the heart of our caseload — 1,133 of our patients are 11 or older.

2,577

dogs & cats cared for since 2018

11.3

average age, in years

MOST-TREATED BREEDS

Toy Poodle	155
Golden Retriever	152
Maltese	147
Pomeranian	122
Poodle	109
Shih Tzu	88
Corgi	74
Japanese Spitz	71

WHAT WE HELP WITH

The conditions we treat

Pets come to us with a wide range of conditions — many referred by their primary vets, many after surgery, and many simply because they've started to slow down. Spinal disease (IVDD) is the single largest group we treat.

597

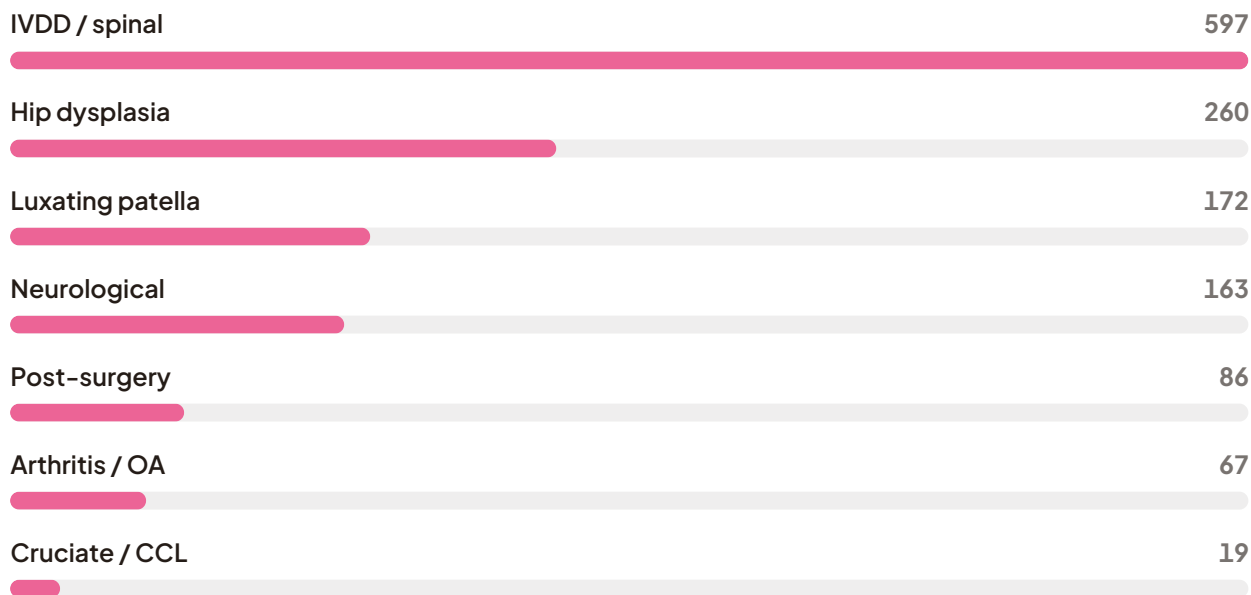
IVDD cases

260

hip dysplasia

7

condition groups



Distinct pets per condition; pets often have more than one diagnosis on file.

— HOW WE TREAT

One pet, many tools

There is no single “miracle” treatment in rehabilitation. The pets who do best almost always receive a **combined plan** — tailored after a proper assessment, and adjusted as they progress.

Hydrotherapy

Warm saltwater pool & underwater treadmill — exercise without bearing full weight.



Physiotherapy & rehab

Manual therapy, therapeutic exercise and tailored home programmes.



TCVM & acupuncture

Traditional Chinese veterinary medicine for pain relief and comfort.



Laser & pain relief

Gentle, drug-sparing relief for inflammation and chronic pain.



Hyperbaric oxygen

Supplemental oxygen for selected neurological and post-surgical cases.



Fitness & conditioning

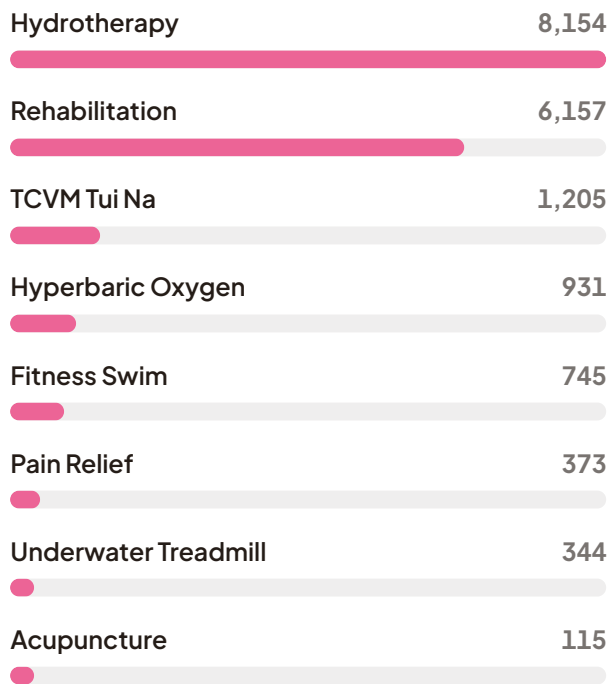
Strength and weight programmes to keep pets moving for longer.



— EVERY TREATMENT, COUNTED

Combined care works

TREATMENT SESSIONS DELIVERED, BY THERAPY

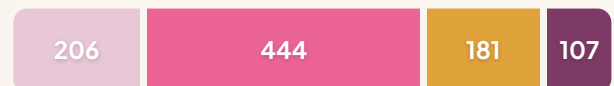


18,024 total sessions • 8 therapies (2023–2026 booking data).

78%

of our pets receive two or more therapies together

Hydrotherapy and rehabilitation lead the way. Hyperbaric oxygen is one option among many — used where it genuinely helps, not as a headline.



1 therapy 2 therapies 3 therapies 4+ therapies

WHAT TO EXPECT

Different conditions, different journeys

How long rehabilitation takes depends a great deal on what we're treating. Across every pet with a diagnosis on file, here's the **average** number of sessions for the conditions we see most — long-term maintenance cases included.

15.5

avg sessions, all pets

76%

return for ongoing care

Arthritis / OA**41 sessions**

average across 67 pets

Cruciate / CCL**33 sessions**

average across 19 pets

Neurological**30 sessions**

average across 163 pets

Luxating patella**27 sessions**

average across 172 pets

Post-surgery**26 sessions**

average across 86 pets

IVDD / spinal**24 sessions**

average across 597 pets

Hip dysplasia**23 sessions**

average across 260 pets

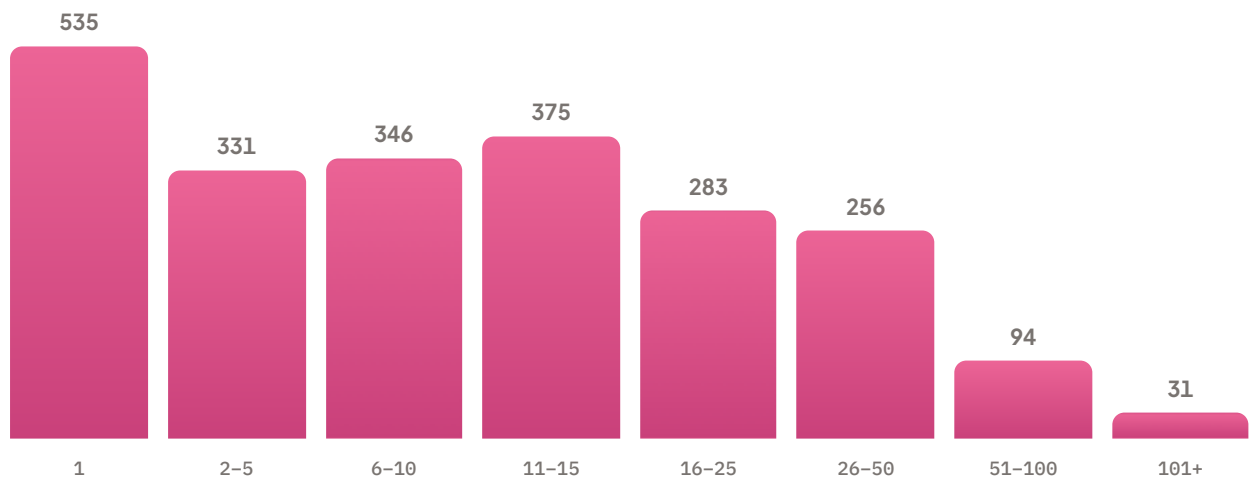
These describe past care, not a promise — every pet is different, and your plan is set after a proper assessment.

HOW OFTEN PETS COME

A few visits — or a lifetime of them

Many pets come once for an assessment; most who begin a course of care settle into a rhythm of roughly ten to thirty sessions; and a devoted few keep coming for years. It isn't a tidy bell curve — it leans right, because long-term pets stretch the tail.

NUMBER OF PETS BY TOTAL RECORDED VISITS



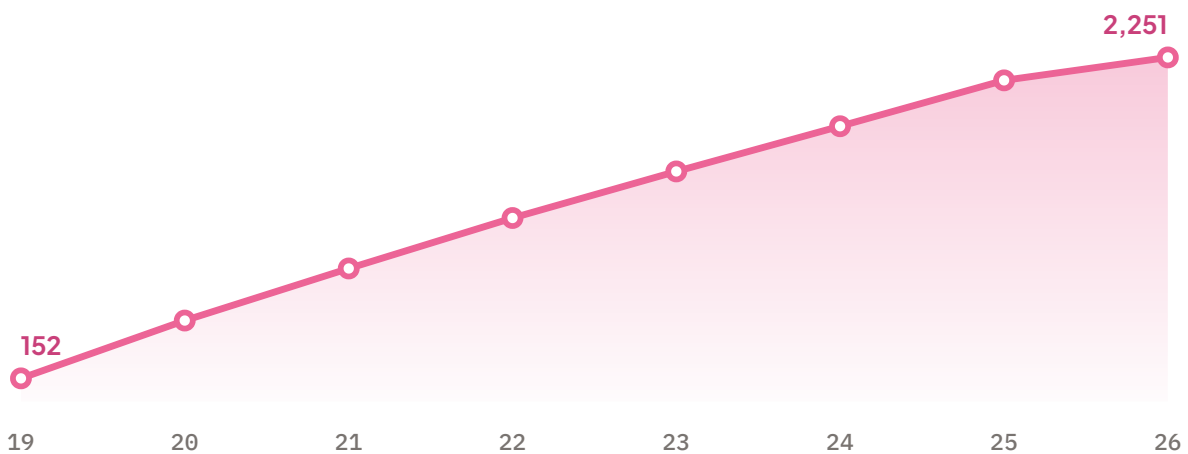
2,251 pets, all-time. The long-term tail lifts the average to **15.5** visits, above the typical **9** (longest: 385 visits).

A DECADE OF GROWTH

More pets, every year

When we began, animal rehabilitation was a new idea in Singapore. Today it's part of how families care for their pets — around **300 new pets** begin their journey with us every year.

CUMULATIVE PETS TREATED

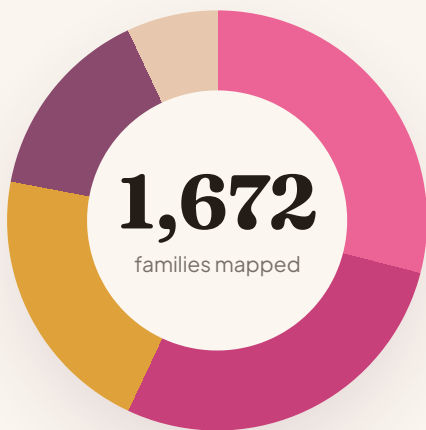


Distinct pets treated, cumulative. 2026 is a partial year.

— WHERE OUR FAMILIES COME FROM

From every corner of Singapore

Our home is in Serangoon, in the north-east — but our families come from everywhere. Mapping the postal codes of **1,672 pet parents**, we found patients from all five regions and every one of Singapore's 28 postal districts.



North-East	29%
Central	28%
East	21%
West	15%
North	7%

TOP NEIGHBOURHOODS WE SERVE

Serangoon · Hougang · Punggol	327
Bukit Batok · CCK · Bkt Panjang	112
Tampines · Pasir Ris	109
Katong · Marine Parade	108
Bukit Timah · Holland	105
Ang Mo Kio · Bishan · Thomson	97

5

regions

28

districts

71%

beyond NE

— REAL RECOVERIES

Stories behind the numbers

Pets' first names used with consent or anonymised. Condensed from clinical records and owner feedback.

01

LUXATING PATELLA • PHYSIOTHERAPY

A kneecap that found its place

Mochi came in with a grade 3 luxating patella. With weekly physiotherapy and targeted strengthening — no surgery — his patella improved to grade 2, and his owners learned exercises to keep him steady at home.

Grade 3 → Weekly physio → Grade 2, stable

02

IVDD / SPINAL • MULTI-MODAL

Learning to walk again

Dio arrived suddenly unable to use his hind legs after a disc injury. With a combined plan — rehab, hydrotherapy, TCVM Tui Na and supportive HBOT — he went from flat and unable to stand to walking, and back to 30-minute walks.

Paralysed → Standing → Walking → 30-min walks

03

SENIOR ARTHRITIS • HYDRO + LASER

Comfortable in his golden years

15-year-old Dino's arthritis made walking hard. Warm-water therapy and pain-relief treatments eased his stiffness and kept him swimming and mobile well into old age.

Stiff → Hydro + laser → Swimming

— REAL RECOVERIES

...and the journeys that take years

04

HIP DYSPLASIA • LONG-TERM CARE

Ten years of staying ahead of it

Diagnosed with hip dysplasia as a pup, this patient began rehab early. Now ten, the condition has not deteriorated — proof of how early, consistent care changes the long arc of joint disease.

Diagnosed at 2 → Ongoing rehab → Stable at 10

05

SEVERE IVDD • HBOT + HYDRO

Defying a guarded prognosis

A twelve-year-old Labrador arrived with the most severe grade of IVDD. With an intensive plan combining hyperbaric oxygen, hydrotherapy and rehabilitation, this senior beat a guarded prognosis and regained comfortable movement.

Severe grade → Intensive care → Movement back

06

SENIOR CAT • ARTHRITIS

Cats need rehab too

Niko, almost seventeen, came to us stiff and sore. Gentle pain-relief therapy and the calm, unhurried handling nervous cats need eased her aching joints and kept one of our most senior patients comfortable at home.

Arthritic, 17 → Gentle therapy → Comfortable

— IN THEIR OWN WORDS

Loved on Google



225 five-star Google reviews and counting, from the families we serve — owners who, again and again, thank our team by name.



RehabVet has been instrumental in helping my Yogi boi walk again after he suffered from a slipped disc!

Clarisse T.

IVDD / slipped disc



My dog has been coming to RehabVet for hip dysplasia from the age of 2. Now she is 10 and her condition has not deteriorated.

Shirley Y.

Hip dysplasia



My 16-year-old border collie Oreo went from being unable to stand without support to being able to get up on his own.

Joanne W.

Senior · mobility



My nearly 17-year-old cat Niko is under treatment for arthritis. The team is so gentle, patient and genuinely caring.

Bianca P.

Senior cat · arthritis



Our 12-year-old Labrador was diagnosed with IVDD Grade 5 and treated with a mix of hyperbaric oxygen therapy and rehab.

Sisyena G.

IVDD Grade 5



The team helped strengthen Charlie's leg muscles, which aided his recovery and coping after left hip surgery.

Kelvin S.

Post-surgery

— THE PEOPLE BEHIND THE CARE

Meet the team

Behind every recovery is a small, dedicated team of veterinary and rehabilitation therapists who know our patients by name.



Dr. Sara Lam
Founder & Rehabilitation
Veterinarian



Xan Chuah
Vet Technician & Rehab
Therapist



Sean Tan
Rehab Therapist ·
Hydrotherapist



Joyce Ho
Rehab Therapist ·
Hydrotherapist



Hazel Lim
Rehabilitation Therapist



Claire
Client Relations & Marketing

AN HONEST NOTE

Every figure in this report is drawn from RehabVet's own clinical records and public reviews — aggregate, de-identified, and free of any financial data. We don't claim a single "success rate", because honest rehabilitation is about quality of life, not a tidy number.

Ready to help your pet *move again?*

If your pet is slowing down, recovering from surgery, or facing a mobility or neurological condition, the best first step is a proper assessment.

CALL

6291 6881

EMAIL

hello@rehabvet.com

WEB

rehabvet.com

513 Serangoon Road, #01-01, Singapore 218154

RehabVet Impact Report · Data as of 16 June 2026 · From RehabVet's clinical management system and public Google reviews. All statistics are aggregate and de-identified.